

## Prayers for the Year of St Joseph

St Joseph, patron saint of fathers and of families, we commend to your intercession our families, the families of this parish, and any families experiencing difficulties at this time. And we ask you to pray for any young people who are suffering at the moment with depression, anxiety, addictions or any mental health difficulties. We ask for your prayers that they may find the light of Jesus, whom the Father commended to your care, in their lives.

*Pause for a moment of silence*

Hail, Guardian of the Redeemer,  
Spouse of the Blessed Virgin Mary.  
To you God entrusted his only Son;  
in you Mary placed her trust;  
with you Christ became man.  
Blessed Joseph, to us too,  
show yourself a father  
and guide us in the path of life.  
Obtain for us grace, mercy, and courage,  
and defend us from every evil. Amen.

*From the Apostolic Letter "Patris corde" ("With a Father's Heart")*

## Litany to St Joseph

St Joseph, Foster father of the Son of God,	<b>pray for us</b>
St Joseph, Spouse of the Mother of God,	<b>pray for us</b>
St Joseph, Most just,	<b>pray for us</b>
St Joseph, Most obedient,	<b>pray for us</b>
St Joseph, Most faithful,	<b>pray for us</b>
St Joseph, Mirror of Patience,	<b>pray for us</b>
St Joseph, Lover of Poverty,	<b>pray for us</b>
St Joseph, Pillar of Families,	<b>pray for us</b>

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